Karohel Harrison was born in the beautiful island of Jamaica in the Parish of St Thomas. She grew up in Richmond Vale, Cedar valley where she completed her early childhood education at the Richmond Vale Basic school after which she went on to primary school at the the Richmond Gap All Age School and Cedar Valley Primary and Junior High School. Karohel took the Grade Six Assessment Test (GSAT) and received her first choice to attend the Seaforth High School. She attended that school up until the 10th grade after which she was transferred and completed her high school education at The Merl Grove High School after relocating to Kingston. After high school she completed her BSN at Northern Caribbean University in Mandeville Manchester.

Karohel worked in Jamaica as a RN at the University Hospital of the West Indies before migrating to the US where she completed the NCLEX examination and now holds a Compact RN license in the state of Florida.

Karohel now works with Brilliant Healthcare Staffing and serves as a Charge Nurse at a Prominent hospital in Miami, and is also a travel RN. She also served as preceptor, received awards to include Nurse of the Unit award in 2020, and also a daisy nominee award in 2023. In her spare time she enjoys singing, reading, socializing and helping others. Karohel's aspirations is to complete her MSN as a FNP. Karohel's philosophy is "good conduct and hard work is the keys to success.